What is Case Management / Person-Centered Plan?

Case management services are those that assist the individual in gaining access to medical, social, educational, and other needed services. Targeted case management includes any or all of the following services:

- Helps you set and reach desired goals.
- Helps keep your services working (together and separately.)
- Advocates for the people they serve. (i.e. they support your interests.)
- Every eligible person can receive service coordination if he/she chooses.
- Case management for eligible persons is funded through state and federal funds at no out of pocket cost to the consumer.

Transition and Portability-Including the planning of and arranging for services to follow the person when the person:

- Moves from school to the adult world;
- Moves from an institution to community alternatives;
- Moves from one kind of service setting to another;
- Moves from one provider to another provider;
- Moves from one service area to another service area

Development of a specific support care plan that is based on the information collected through the assessment, specifying the goals and actions to address the medical, social, educational, and other service needs of the individual. The PCSP includes activities such as ensuring the active participation of the eligible individual, and working with the individual (or legal representative) and others to develop such goals, and identify a course of action to respond to the assessed needs of the eligible individual.

- It helps to help an individual obtain needed services including,
- The plan is written down / developed by the individual and their support network.
- Contains a well thought out strategy of support for a person to help them live their life.
- And it is approved in writing by the person and/or their guardian.

Who will help make and support the plan?
You as well as your family, guardians, friends, case manager, support staff, experts, co-workers. etc…This is a plan that is developed in collaboration with many different people. Every effort should be made to see that it reflects what you want your life to be. This is a shared responsibility.

What is included in a description of my life?
What type of setting you want to live in. With whom you want to live. What work or other valued activity you want to do. With whom you want to socialize. In what social, leisure, religious, or other activities you want to participate. Everything in this outline should be addressed in the plan. If you can not get everything you need, then the next best options should be identified.

What if I am not quite equipped to achieve my goals in life?
Your plan should include a list and description of things necessary to assist you to achieve your preferred lifestyle, such as: training, equipment, services, and natural supports (family, friends, and community resources)