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Things to Know About Your CDDO

Your Single Point of Entry for Douglas & Jefferson Counties



Community
Developmental
Disability
Organization

www.cwcddo.org

2801 West. 31st Street, Lawrence, KS 66047 ▪ Tel. (785) 840-1632 ▪ Fax (844) 835-0095

What is a CDDO?

A CDDO or Community Developmental Disability Organization is the single point of application, eligibility determination, and referral for individuals and families to obtain services through the developmental disability system in the State of Kansas. CDDOs determine whether a person qualifies for services and work with the person and/or their family or guardian in choosing from an array of service options. In addition to this CDDOs impartially provide information about all types of community services and other resources in the area.

Kansas currently has 27 CDDOs, each of which contract with the Kansas Department for Aging and Disability Services (KDADS) and are assigned a particular county or group of counties in which they are the primary provider of "gate-keeping" services. Cottonwood CDDO's service area includes Douglas and Jefferson Counties.

CDDOs are responsible for the following:

- Implementing policies and procedures
- Reporting information to KDADS
- Ensuring equal access to services
- Annually informing individuals of available services and their rights
- Monitoring of affiliated service providers
- CDDOs organize the following:

The Council of Community Members

The Council of Community Members is made up primarily of individuals with disabilities and their family members, as well as representatives from the CDDO and its Affiliate Providers. The purpose of this council is to make suggestions to the Board of the CDDO, implement the dispute resolution process of the CDDO when necessary, and oversee the development, implementation, and progress reporting of local capacity building plans.

The Quality Oversight Committee

The Quality Oversight Committee is a committee of volunteers made up of persons served, guardians, family members, interested citizens, & provider representatives who monitor the following:

- Services that are paid for are delivered, and services delivered are paid for.
- Services are provided according to state regulation requirements
- Person served has basic health and safety needs met.
- Person served has opportunities to make informed choices about where he/she would like to live and work
- Person served has the right to be treated with respect & is free of abuse/neglect.

The Information contained in this booklet will be made available in other languages or formats (including large print) upon request. For a complete Resource Directory including links to websites and brochures visit us online at:

www.cwcddo.org/index.php/resources

Eligibility Requirements

KANSAS DEPARTMENT OF AGING AND DISABILITY SERVICES

The Intellectual / Developmental Disability (I/DD) waiver serves individuals age five and older who meet the definition of intellectual disability, having a developmental disability or are eligible for care in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID). Those with a developmental disability may be eligible if their disability was present before age 22 and they have a substantial limitation three or more areas of life functioning.

ELIGIBILITY

1. Must be 5 years of age or older;
2. Have Intellectual Disability that began before the age of 18;
3. Have a diagnosis of a Developmental Disability that began before the age of 22;
4. Must be determined program eligible by the Community Disability Determination Organization;
5. Meet the Medicaid long-term care institutional threshold score;
6. Be financially eligible for Medicaid.

Intellectual Disability means substantial limitations in present functioning that is manifested during the period from birth to age 18 years and is characterized by significantly sub-average intellectual functioning existing concurrently with deficits in adaptive behavior including related limitations in two or more of the following applicable adaptive skill areas:

1. Communication
2. Self-care
3. Home living
4. Social skills
5. Community use
6. Self-direction
7. Health & safety
8. Functional academics
9. Leisure
10. Work

Other Developmental Disability means a condition such as autism, cerebral palsy, epilepsy, or other similar physical or mental impairment (or a condition which has received a dual diagnosis of Intellectual Disability and Mental Illness) and is evidenced by a severe, chronic disability which:

1. is attributable to a mental or physical impairment or a combination of mental and physical impairments, **AND**
2. is manifest before the age of 22, **AND**
3. is likely to continue indefinitely, **AND**
4. results in substantial functional limitations in any three or more of the following areas of life functioning:

a. self-care,
b. understanding and use of language,
c. learning and adapting,
d. mobility,
e. self-direction in setting goals and undertaking activities to accomplish those goals,
f. living independently,
g. economic self-sufficiency, **AND**

5. It reflects a need for a combination and sequence of special, interdisciplinary or generic care, treatment or other services which are lifelong, or extended in duration and are individually planned and coordinated, **AND**

6. Does not include individuals who are solely severely emotionally disturbed or seriously and persistently mentally ill or have disabilities solely as a result of infirmities of aging.

For Children under the age of six, developmental disability means a severe, chronic disability that meets all of the following criteria:

1. is attributable to a mental or physical impairment or a combination of mental and physical impairments, **AND**

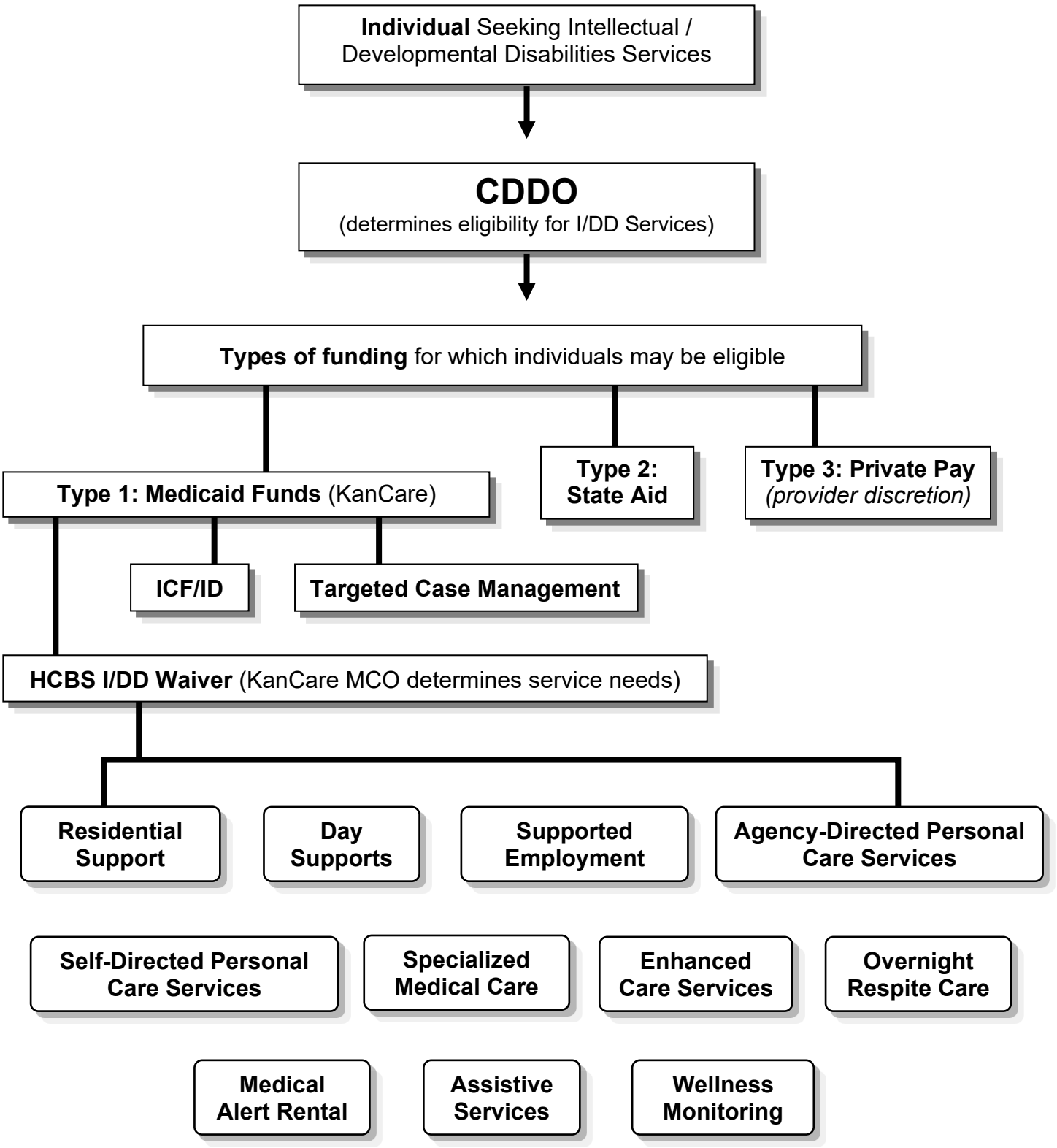
2. is likely to continue indefinitely, **AND**

3. results in at least three developmental delays as measured by qualified professionals using appropriate diagnostic instruments or procedures, **AND**

4. reflects a need for a combination and sequence of special, interdisciplinary, or generic care, treatment, or other services which are lifelong or extended in duration and are individually planned and coordinated, **AND**

5. does not include individuals who are solely severely emotionally disturbed or seriously and persistently mentally ill.

Funding Sources and Services



Case Management / Person-Centered Planning

Case management services are those that assist the individual in gaining access to medical, social, educational, and other needed services. Targeted case management includes any or all of the following services:

- Helps you set and reach desired goals.
- Helps keep your services working (together and separately.)
- Advocates for the people they serve. (i.e. they support your interests.)
- Every eligible person can receive service coordination if he/she chooses.
- Case management for eligible persons is funded through state and federal funds at no out of pocket cost to the consumer.

Transition and Portability-Including the planning of and arranging for services to follow the person when the person:

- Moves from school to the adult world;
- Moves from an institution to community alternatives;
- Moves from one kind of service setting to another;
- Moves from one provider to another provider;
- Moves from one service area to another service area

Development of a specific support care plan that is based on the information collected through the assessment, specifying the goals and actions to address the medical, social, educational, and other service needs of the individual. The PCSP includes activities such as ensuring the active participation of the eligible individual, and working with the individual (or legal representative) and others to develop such goals, and identify a course of action to respond to the assessed needs of the eligible individual.

- It helps to help an individual obtain needed services including,
- The plan is written down / developed by the individual and their support network.
- Contains a well thought out strategy of support for a person to help them live their life.
- And it is approved in writing by the person and/or their guardian.

Who will help make and support the plan?
You as well as your family, guardians, friends, case manager, support staff, experts, co-workers. etc…This is a plan that is developed in collaboration with many different people. Every effort should be made to see that it reflects what you want your life to be. This is a shared responsibility.

What is included in a description of my life?
What type of setting you want to live in. With whom you want to live. What work or other valued activity you want to do. With whom you want to socialize. In what social, leisure, religious, or other activities you want to participate. Everything in this outline should be addressed in the plan. If you can not get everything you need, then the next best options should be identified.

What if I am not quite equipped to achieve my goals in life?
Your plan should include a list and description of things necessary to assist you to achieve your preferred lifestyle, such as: training, equipment, services, and natural supports (family, friends, and community resources)

I/DD Waiver Services

Residential Supports

For Adults: These are provided for individuals 18 years of age or older, and must occur in a setting, without regard to siblings, where the person does not live with someone who meets the definition of family, and are provided by entities licensed by KDADS-CSP. This service provides: assistance, acquisition, retention, and/or improvement in skills related to activities of daily living such as but not limited to: Personal grooming, Cleanliness, Bed making, Household chores, Eating, Food preparation, Social and adaptive skills necessary to enable the individual to reside in a non-institutional setting.

For Children: These are available to minor children, ages 5 - 21 (eligibility ends on the 22nd birthday) who are determined eligible for the Medicaid Program through a waiver of requirements relating to the deeming of parental income. Children's Residential Supports shall be provided in a family foster home licensed by KDHE.

Day Supports

These are provided by KDADS-CSP licensed entities for individuals 18 years of age or older. These services include regularly occurring activities that provide a sense of participation, accomplishment, personal reward, personal contribution, or remuneration and thereby serve to maintain or increase adaptive capabilities, productivity, independence or integration and participation in the community. Day Supports also include the provision of pre-vocational services which are aimed at preparing an individual for paid or unpaid employment, but are not job-task oriented.

These services include teaching such concepts as compliance, attendance, task completion, problem solving and safety. Such activities shall be appropriate for or lead to a lifestyle as specified in the individual's Person-Centered Support Plan. These opportunities can include: Socialization, Recreation, Community inclusion, Adult education, & Skill development in the areas of employment, transportation, daily living, self-sufficiency, and resource identification and acquisition.

Supported Employment

Supported Employment is competitive work in an integrated setting with on-going support services for individuals who have DD. Competitive work is defined as compensated work in accordance with the Fair Labor Standards Act. An integrated work setting is a job site that is similar to that of the general work force. Such work is supported by any activity needed to sustain paid employment by persons with disabilities.

Specialized Medical Care

This service, for ages 21 and over, provides long-term nursing support for medically fragile and technology dependent individuals. The required level of care must provide medical support for a beneficiary needing ongoing, daily care that would otherwise require the beneficiary to be in a hospital. The intensive medical needs of the beneficiary must be met to ensure the person can live outside of a hospital or ICF/ID. For the purpose of this waiver, a provider of specialized medical care must be a registered nurse (RN), a licensed practical nurse (LPN) under the supervision of an RN, or another entity designated by the Kansas Department for Aging and Disability Services.

Providers of this service must be trained with the medical skills necessary to care for and meet the medical needs of beneficiaries within the scope of the State's Nurse Practice Act. The service may be provided in all customary and usual community locations including where the beneficiary resides and socializes.

Self-Directed Supports

These are an array of supports consisting of Financial Management Services, Personal Care Services, Overnight Respite Care, and Sleep Cycle Support that are available to individuals who reside with a person/persons who meet the definition of family or in a setting that would otherwise be licensed. These services provide necessary support for individuals in order to meet their daily living needs and/or to ensure continuation of stay in their current setting. These services also provide for paid staff to perform essential in-home assistance any hour of the day or night, in the absence or presence of non-paid care givers, as determined to meet the individual's needs. Family is defined as any person immediately related to the individual. Specifically: parents (including adoptive parent), grand-parents, spouses, aunts, uncles, sisters, brothers, first cousins and any step-family relationships.

Personal Care Services allows the person to self-direct residential supports, day supports, or supports in their family home. These services provide necessary one-on-one assistance both in the home and community. This service includes assisting with activities of daily living such as bathing, grooming, toileting, transferring, health maintenance activities, feeding, mobility and exercises, socialization and recreational activities. The PCS supports the individual in accessing medical services and normal daily activities by accompanying the individual to accomplish tasks based on their assessed needs. It is the expectation that individuals who need assistance with instrumental activities of daily living (IADL) tasks receive those supports from informal supports, if available. These informal supports may include relatives or friends that live with the individual and should be relied on for IADL assistance unless there are extenuating or specific circumstances that have been documented in the plan of care. No time will be allowed on the Plan of Care for PCS to complete activities that can be provided by the informal supports. These tasks include but are not limited to the following: lawn care, snow removal, shopping, ordinary housekeeping, laundry, or meal preparation.

Overnight Respite Care services are provided to individuals who live with someone meeting the definition of family, or are provided to children in custody residing in a setting that does not meet the definition of family. Respite Care is designed to provide relief for the individual's family member who serves as an unpaid primary care giver. Respite is necessary for families who provide constant care for individuals so family members are able to receive periods of relief for vacations, holidays & scheduled time off periods.

Enhanced Care Services
ECS provides supervision and/or non-nursing physical assistance during a person's normal sleeping hours in his/her place of residence. ECS are available to a person who demonstrates an assessed need for a minimum of 6 hours of sleep support within a 24-hour period and the assessed need cannot be met by the use of personal emergency response services, informal supports, or another service. The ECS worker shall be available to provide immediate supervision or physical assistance with tasks such as, but not limited to, toileting, transferring, mobility, and medication reminders. The ECS worker shall be prepared and capable of contacting a doctor, hospital, or medical professional in the event of an emergency. ECS can be provided as a self-directed or agency directed service.

Agency-Directed Supports

Personal Care Services (Supportive Home Care) are provided by an Agency (not self-directed by the person receiving services) to assist a person living with someone meeting the definition of family or a child in custody. Family is defined as any person immediately related to the individual. Specifically: Parents (including adoptive parent), grand-parents, spouses, aunts, uncles, sisters, brothers, first cousins and any step-family relationships. These are individualized (one-to-one) services that provide direct assistance with: Daily living / personal adjustment, Attendant care, Assistance with meds that are ordinarily self-administered, Accessing medical care, Supervision / Reporting changes in condition & needs, Extension of therapy services, Ambulation/exercise, Household services essential to health care at home or performed in conjunction with assistance in daily living (such as shopping, preparing meals, bathing, using appliances, dressing, feeding, making bed, laundry, & cleaning the bathroom & kitchen). It is the expectation that individuals who need assistance with instrumental activities of daily living (IADL) tasks receive those supports from informal supports, if available. These informal supports may include relatives or friends that live with the individual and should be relied on for IADL assistance unless there are extenuating or specific circumstances that have been documented in the plan of care. No time will be allowed on the Plan of Care for PCS to complete activities that can be provided by the informal supports. These tasks include but are not limited to the following: lawn care, snow removal, shopping, ordinary housekeeping, laundry, or meal preparation.

Wellness Monitoring

This is a process whereby a registered nurse evaluates the level of wellness of a consumer to determine if the consumer is properly using medical health services as recommended by a physician and if the health of the consumer is sufficient to maintain him/her in his/her place of residence without more frequent skilled nursing intervention. This includes checking and/or monitoring the following: Orientation to surroundings, Skin characteristics, Edema, Personal hygiene, Blood Pressure, Respiration, Pulse, Adjustments to medication.

Children's Integrated Community Supports

CHICS is designed to provide group-based care and oversight for school-aged participants with I/DDs. Children with I/DD from aged 5 to school-leaving age often require specialized group care and supervision. This service offers a support system for families where standard childcare options do not sufficiently support their children's unique developmental needs while also allowing an opportunity for integrated care with non-disabled child peers. Traditional childcare providers do not offer the supports needed to care for children with I/DD. Direct support professionals (DSPs) provide and offer a wide variety of supports/activities that are not accessible in the child's home or in a childcare setting.

CHICS offers the care provided from a direct support professional but with the addition of peer-to-peer interaction and socialization. DSPs are available to assist with ADLs and behavioral supports throughout the day. Because of different individual levels of care, 1:1 staffing is not always needed. Staffing is determined according to the specific, assessed needs of each child. The supports that are provided are necessary to ensure the health, safety, and wellness of all persons involved. CHICS creates an environment that mimics the experience a typically developing child would receive if they did not require extraordinary care.

Home and Environmental Modification Services

Home and Environmental Modification Services (HEMS) are physical modifications to the participant's home based on an assessment designed to support the participant's efforts to function with greater independence and to create a safer, healthier environment. HEMS adaptations may include but shall not be limited to the following:

- Modifications to the environment
- Installation of grab bars;
- Construction of access ramps and railings;
- Installation of detectable warnings on walking surfaces;
- Alerting devices for participant who has a hearing or sight impairment;
- Adaptations to the electrical, telephone, and lighting systems;
- Generator to support medical and health devices that require electricity;
- Widening of doorways and halls;
- Door openers;
- Installation of lifts and stair glides (with the exception of elevators), such as overhead lift systems and vertical lifts;
- Bathroom modifications for accessibility and independence with self-care;
- Kitchen modifications for accessibility and independence;
- Alarms or locks on windows, doors, and fences; protective padding on walls, floors, or pipes;
- Plexiglas, safety glass, a protected glass coating on windows;
- Outside gates and fences;
- Brackets for appliances;
- Raised/lowered electrical switches and sockets;
- Safety screen doors which are necessary for the health, welfare, and safety of the participant;
- Any home modifications not listed here but determined to be of remedial benefit to the participant by a qualified healthcare provider.
- Training on use of HEMS;
- Service and maintenance of the modification.

Specialized Medical Equipment and Supplies

Specialized medical equipment and supplies include: (a) devices, controls, software, or appliances, specified in the person-centered service plan, that enable participants to increase their ability to perform activities of daily living; (b) devices, controls, software, or appliances that enable the participant to perceive, control, or communicate with the environment in which they live; (c) items necessary for life support or to address physical conditions along with ancillary supplies and equipment necessary to the proper functioning of such items; (d) such other durable and non-durable medical equipment not available under the State plan that is necessary to address participant needs.

Vehicle Modification Services

Vehicle Modification Services (VMS) are adaptations or alterations to a vehicle that is the participant's primary means of transportation. Vehicle modifications are specified by the person-centered service plan and are designed to accommodate the needs of the participant and enable the participant to integrate more fully into the community and to ensure the health, welfare and safety and integration by removing barriers to transportation.

Medical Alert Rental

This service provides support to a consumer who has a medical need that could become critical at any time. The medical alert device is a small instrument carried or worn by the consumer which, by the push of a button, automatically dials the telephone of a predetermined responder who will answer the call for help. The following are examples of medical needs that might require this service: quadriplegia, severe heart conditions, difficult to control diabetes, severe convulsive disorders, severe chronic obstructive pulmonary disease, & head injury.

Medical Alert Rental is also called Personal Emergency Response Systems (PERS) by most MCO Care Coordinators now.

Non-I/DD Waiver Funding / Service Options:

Vocational Rehabilitation (VR) Services is a separate funding source from the I/DD waiver that helps Kansas citizens with disabilities find employment. The services provided are customized according to each person's unique needs, skills, interests and abilities. You can apply for VR and remain on the I/DD Waiver waiting list. Services may include physical and mental restoration services such as artificial limbs, psychotherapy, and physical therapy, training, aids, and other adaptive devices, job placement services, student services, supported employment and referral to other services.

Website: www.dcf.ks.gov/services/RS/Pages/Employment-Services.aspx

Douglas County DCF (Kansas City Region)
1901 Delaware, Lawrence, KS 66046
Tel: (785) 832-3896
Tel: (785) 832-3700

Jefferson County DCF (East Region)
500 SW Van Buren, Topeka, KS 66603
Tel: (785) 296-4424
Tel: (785) 296-2500

Working Healthy WORK Program is another separate funding source that offers people with disabilities who are working or interested in working the opportunity to get or keep Medicaid coverage while on the job. Website: www.kdheks.gov/hcf/workinghealthy

Douglas County: (913) 279-7173

Jefferson County: (785) 296-5136

Cottonwood CDDO Affiliated Providers

TARGETED CASE MANAGEMENT

A Step Above, LLC *(Rachael Strohm)*
19825 Rosewood, Stilwell, KS 66085
rstrohm.astepabove@gmail.com
Tel: (785) 806-8554

Achievement Services for Northeast Kansas, Inc. *(Dave Hager)*
215 N. 5th St., Atchison, KS 66002
dhager@asnek.org
Tel:(913) 367-2432

Brighter Days Case Management *(Jennifer Patterson)*
14513 W. 86th St., Lenexa, KS 66215
jpatterson@brighterdayskc.org
Tel: (913) 967-9167

Case Management Services, Inc. *(Shannon Shelton)*
7600 W. 75th St., Overland Park, KS 66204
shannon@cmskansas.com
Tel:(913) 220-1977

Coordination Services, LLC *(DeMarcus January)*
PO Box 860781, Shawnee, KS 66286
admin@coordinationservices.org
Tel: (913) 398-8188

Cottonwood, Inc. (*Jeff Whittier)*
2801 W. 31st St, Lawrence, KS 66047 | *(Does not accept Private Pay)*
jwhittier@cwood.org
Tel:(785) 842-0550
Fax:(785) 842-6102

Erin Crapser, Independent TCM *(Erin Crapser)*
9638 W. 116th Circle, Overland Park, KS 66210 | *(Does not accept Private Pay)*
erintcm@gmail.com
Tel: (913) 244-7652

GoodLife Innovations, Inc. *(Nichole Reiske)*
P.O. Box 14395 Lenexa, KS 66285
nicholereiske@mygoodlife.org
Tel: (913) 980-8135 **Fax**:(785) 865-5695

Grateful Day Case Management *(Kathleen Sylvester)*
5231 Roe Blvd. Roeland Park, KS 66205
gratefuldaytcm@gmail.com
Tel: (913) 240-4843

Honey Bee Community Services *(Brett Bosley)*
PO Box 23532 Overland Park, KS 66283 | *(Does not accept Private Pay)*
brett.bosley@hbcs.care
Tel: (913) 710-1406

Joni Beard Case Management *(Joni Timms)*
827 Elm St., Lawrence, KS 66044 *(Does not accept Healthy Blue, United or private pay)*
jbcmsllc@gmail.com
Tel:(785) 840-5898

Journeys, Inc. *(Candice Matlock)*
501 Merchant St., Emporia, KS 66801
cmatlock@journeysinc.org
Tel: (620) 757-6514

LML Case Management, LLC *(Latoya Ladd)*
3147 S. 49th Terrace, Kansas City, KS 66106 | *(Does not accept Private Pay)*
lladd@lmlcasemanagement.com
Tel: (913) 745-9541

Monaco & Associates *(Jeanne Tomiser)*
1243 SW Topeka Blvd., Topeka, KS 66612
tomiser@monacoassociates.com
Tel: (785) 272-5501 x107
Fax: (785) 272-5152

Pathways Case Management Services *(Reilly Schultz)*
14829 Rolling Hills Rd., Basehor, KS 66007 | *(Does not accept Private Pay)*
rschultz@pathwayscms.com
Tel: (913) 303-9569

TARC *(Matt Fletcher)*
2701 SW Randolph, Topeka, KS 66611
mfletcher@tarcinc.org
Tel:(785) 506-8710 **Fax**:(785) 232-3770

The Arc of Douglas County *(Scott Hedrick)*
2518 Ridge Ct. Rm 238, Lawrence, KS 66046 | *(Does not accept Private Pay)*
SHedrick@TheArcDCKS.org
Tel:(785) 749-0121
Fax:(785) 749-0103

Tranquility Case Management, LLC *(Jeanette Bernhard)*
1267 NW County Rd 11501, Amoret, MO 64722
tranquilitytcm@gmail.com
Tel: (913) 735-5782

DAY SUPPORTS PROVIDERS

AbleLight, Inc. *(Pam Ducklow)* 14150 W. 113th St., Olathe, KS 66215	(913) 906-5010 ablelight.referral@ablelight.org
Bridge Builders Lawrence LLC *(Denise Stahl)* 3101 Rimrock., Lawrence, KS 66047	(785) 550-5882 djps1957@gmail.com
Bridge Point Community Supports *(Michael Tubbs)* 850 E 13th St. Suite A, Lawrence, KS 66044	(785) 856-2081 bridgepointcs.kan@gmail.com
Cottonwood, Inc. *(Jeff Whittier)* 2801 W. 31st St, Lawrence, KS 66047	(785) 842-0550 jwhittier@cwood.org
GoodLife Innovations, Inc. *(Nichole Reiske)* P.O. Box 14395 Lenexa, KS 66285	(913) 980-8135 nicholereiske@mygoodlife.org
Mosaic *(Mark Gonzalez)* 5440 West 110th St., Suite 300, Overland Park, Kansas 66211	(913) 788-8400 mark.gonzalez@mosaicinfo.org
Rosewood Support Services *(Dr. Josh Saunders)* 4000 W. 6th St.l, Ste B #117, Lawrence, KS 66049	(785) 218-5206 rosewoodSSI@gmail.com
TARC - Self Determination *(Matt Fletcher)* 2701 SW Randolph, Topeka, KS 66611	(785) 506-8710 mfletcher@tarcinc.org
WCRF *(Martha Banning)* 1033 College Blvd., Lawrence, KS 66049	(785) 979-5544 mbblks33@gmail.com

SUPPORTED EMPLOYMENT PROVIDERS

Cottonwood, Inc. (JobLink) *Jeff Whittier* 2801 W. 31st St, Lawrence, KS 66047	(785) 842-0550 jwhittier@cwood.org
GoodLife Innovations, Inc. *(Nichole Reiske)* P.O. Box 14395 Lenexa, KS 66285	(913) 980-8135 nicholereiske@mygoodlife.org

RESIDENTIAL PROVIDERS FOR CHILDREN

Calm *(Amy Harmon)* 9 W. 5th, Emporia, KS 66801	(620) 208-6144 amyh.calm@gmail.com

CHILDREN'S INTEGRATED COMMUNITY SUPPORTS

No current affiliated providers

WELLNESS MONITORING

Cottonwood, Inc. *(Jeff Whittier)* 2801 W. 31st St, Lawrence, KS 66047	(785) 842-0550 jwhittier@cwood.org
GoodLife Innovations, Inc. *(Nichole Reiske)* P.O. Box 14395 Lenexa, KS 66285	(913) 980-8135 nicholereiske@mygoodlife.org

RESIDENTIAL PROVIDERS FOR ADULTS

AbleLight, Inc. *(Pam Ducklow)* 14150 W. 113th St., Olathe, KS 66215	(913) 906-5010 ablelight.referral@ablelight.org
Bridge Builders Lawrence L.L.C. *(Denise Stahl)* 3101 Rimrock., Lawrence, KS 66047	(785) 550-5882 djps1957@gmail.com
Bridge Point Community Supports *(Michael Tubbs)* 850 E 13th St. Suite A, Lawrence, KS 66044	(785) 856-2081 bridgepointcs.kan@gmail.com
COF Training Services *(Crystal Nelson)* 1516 Davis Ave., Ottawa, KS 66067	(785) 893-3309 cnelson@cofts.org
Cottonwood, Inc. *(Jeff Whittier)* 2801 W. 31st St, Lawrence, KS 66047	(785) 842-0550 jwhittier@cwood.org
GoodLife Innovations, Inc. *(Nichole Reiske)* P.O. Box 14395 Lenexa, KS 66285	(913) 980-8135 nicholereiske@mygoodlife.org
Mosaic *(Mark Gonzalez)* 5440 West 110th St., Suite 300, Overland Park, Kansas 66211	(913) 788-8400 mark.gonzalez@mosaicinfo.org
Rising Phoenix Community Living *(Sandra Yoder)* 402 John Doy Court, Lawrence, KS 66049	(785) 331-9323 SandraYoderRPCL@gmail.com
Rosewood Services *(Josh Saunders)* 4000 W. 6th St., Ste B # 117, Lawrence, KS 66049	(785) 218-5206 rosewoodSSI@gmail.com
TARC (Self Determination) *(Matt Fletcher)* 2701 SW Randolph, Topeka, KS 66611	(785) 506-8710 mfletcher@tarcinc.org
Valiant Endeavors *(Dorothy Dvorachek Larsen)* 5830 Lyman Ave., Downers Grove, IL 60516	(630) 426-1765 valiantendeavors75@gmail.com
WCRF *(Martha Banning)* 1033 College Blvd., Lawrence, KS 66049	(785) 979-5544 mbblks33@gmail.com
Weems Residential Services *(Tammi Weems)* 14133 70th Street, Oskaloosa Ks 66066	(785) 840-8461 tamraweems@yahoo.com

SPECIALIZED MEDICAL CARE PROVIDERS

Advocare *(Anna Denae' Moran)* PO Box 63, 811 Poplar St., Wamego, KS 66547	(785) 456-8910 ext. 3 anna@advocarehomecare.com
BrightStar Care *(Monica Moeller)* 25510 W. Valley Pkwy Suite 150, Olathe, KS 66061	(913) 535-0255 Monica.Moeller@brightstarcare.com
Firstat Nursing Services *(Harrietta Abuazab)* 7600 W. 110th St. Suite 205, Overland Park, KS 66210	(913) 451-5900 habuazab@firstatnursing.org
KC Concierge Services *(Florence Dorbor)* 7300 W. 110th St. Suite 700 Overland Park, KS 66216	(913) 222-4016 info@kcconciergeservices.com
Maxim Healthcare Services *(Hal Oberholzer)* 10881 Lowell Ave. Suite 100, Overland Park, KS 66210	(913) 381-8233 haoberho@maxhealth.com
Pediatric Home Service *(Christy McCallum)* 727 N. Waco Ave. Suite 185, Wichita, KS 67203	(316) 264-9988

SELF-DIRECTED FINANCIAL MANGEMENT SERVICES
(Personal Care Services, Enhanced Care Services, Overnight Respite)

GT Independence *(Talyssa Shepherd)* 215 Broadus St., Sturgis, MI 49091 *(does not accept Healthy Blue)*	referral@gtindependence.com **Tel:** (877) 659-4500
Helper's LLC *(Rebecca Gurera)* 11806 W. 77th St., Lenexa, KS 66214	(913) 322-7212 rebecca@Helpersinc.org
Independence, Inc. *(Alisa Snyder)* 2001 Haskell, Lawrence, KS 66046	(785) 841-0333 ext. 120 asnyder@independenceinc.org
KC Concierge Services *(Florence Dorbor)* 7300 W. 110th St. Suite 700 Overland Park, KS 66216	(913) 222-4016 info@kcconciergeservices.com
Life Patterns, Inc. *(Jon Gerdel)* 3300 SW 29th Street Suite 100, Topeka, KS 66614	(785) 273-7189 jon@lifepatternsks.org
Palco, Inc. (Luis Barraza) 501 Millwood Circle Suite A, Maumelle, AR 72113	(866) 710-0456 customersupport@palcofirst.com
Resource Center for Independent Living *(Mandy Kline)* P.O.Box 257, 1137 Laing, Osage City, KS 66523	(785) 528-3105 Mandy.Kline@rcilinc.org

AGENCY-DIRECTED PERSONAL CARE SERVICES, ENHANCED CARE SERVICES, OVERNIGHT RESPITE

A Helping Hand Home Care *(Jolene Lipprand)* 1425 Oread West St. suite 103, Lawrence, KS 66049	(785) 856-0192 carecoordinator@ahelpinghandhc.com
BrightStar Care *(Monica Moeller)* 25510 W. Valley Pkwy Suite 150, Olathe, KS 66061	(913) 535-0255 Monica.Moeller@brightstarcare.com
Firstat Nursing Services *(Harrietta Abuazab)* 7600 W. 110th St. Suite 205, Overland Park, KS 66210	(913) 451-5900 habuazab@firstatnursing.org
KC Concierge Services *(Florence Dorbor)* 7300 W. 110th St. Suite 700 Overland Park, KS 66216	(913) 222-4016 info@kcconciergeservices.com
Trinity In-Home Care *(Caitlin Schmidt)* 2201 W. 25th St., Suite Q, Lawrence, KS 66047	(785) 842-3159 Caitlin@tihc.org

MEDICAL ALERT RENTAL

Alert Medical Alarms 4601 E. Douglas Ave., Wichita, KS 67218	(800) 716-8035 jcallaghan@alertmedicalalarms.com
Home Buddy *(Emily Ledford)* 3510 W. Central Ave. Suite 700, Wichita, KS 67203-4951	(316) 262-8339 newreferrals@homebuddy.org
LifeStation, Inc. 825 Rahway Ave Union, NJ 07803	(800) 446-3300 Medicaid@lifestation.com
MedScope America Corporation *(Intake Department)* 112 SW 7th St., Suite 3C, Topeka, KS 66603	(800) 645-2060 referrals@medscope.org
QMedic 5901 SW 55th St., Topeka, KS 66610	(877) 241-2244 support@qmedichealth.com

Providers who are "Limited Licensure" – Can serve no more than 2 individuals
Providers not currently accepting referrals (as of the date posted on the front of this CDDO Choice Booklet)
For the most current list of providers including referral status visit: https://www.cwcddo.org/index.php/service-options/

Community Support Waiver Services

The Community Support Waiver (CSW) will help Kansans with intellectual and developmental disabilities (I/DD) live independent lives at home and in the community. People with I/DD who do not need continuous, 24-hour support can choose from a range of services that fit their assessed needs. This waiver will begin on Oct. 1, 2026.

Eligibility for the CSW follows the same guidelines as the requirements for the I/DD Waiver Services. The CSW does not hold a waitlist but serves individuals as capacity allows. This waiver currently maintains $20,000 per individual per year, and electing into the waiver forfeits placement on the waitlist for I/DD Waiver Services. Electing into this waiver will trigger a screening process with the CDDO.

Assistive Technology An item, a piece of equipment, or a product system used to maintain or improve a participant's functional capabilities, independence and/or vocational skills.

Behavior Therapy Using research-based strategies to help improve a participant's quality of life and reduce challenging behaviors like aggression, destruction, self-injury and/or poor anger management.

Benefits Planning Helping participants understand how promotions, higher wages, increased hours or other work changes could impact their public benefits.

Career Exploration and Planning Assisting participants in obtaining or advancing competitive integrated employment (CIE) or self-employment.

Family and Caregiver Support and Training Providing support and training to family or caregivers who provide unpaid care, companionship or supervision to participants.

Home and Environmental Modifications Physical modifications to a participant's home based on an assessment designed to help them function with greater independence in a safer, healthier environment.

Home Telehealth Remote monitoring systems that enable the participant to effectively manage one or more disease(s) and catch early signs of trouble so intervention can occur before the their health declines.

Individual-Directed Goods and Services Services, equipment, and/or supplies that cannot be obtained through any other CSW service and that address a participant need; approved on a case-by-case basis.

Individual Employment Supports Providing job-related support for an individual to help them maintain CIE, customized employment or self-employment.

Life Skills Developing the practical, social, and emotional skills necessary for successful independent living; includes instruction and skill-building. (Service is eligible for self-direction)

Medication Reminders Providing a scheduled reminder to a participant when it is time to take medications (e.g., phone call, recording, alarm or dispenser).

Non-Medical Transportation Transporting a participant to waiver or other community services, activities and/or resources, as specified in the participant's person-centered service plan.

Occupational Therapy Helping participants achieve greater independence by gaining and retaining the physical, perceptual and cognitive skills needed to perform activities of daily living.

Personal Care Services Helping waiver participants accomplish tasks that they would normally do for themselves if they did not have a disability, including activities of daily living, health maintenance activities and instrumental activities of daily living.

Personal Emergency Response System Electronic devices programmed to signal a response center when activated so that participants can secure help in an emergency; includes the rental of a device and installation (when needed).

Physical Therapy Helping individuals with their motor functioning and mobility; participants receive treatment to help them move and perform functional activities in their daily lives, prevent mobility loss and achieve a healthy and active lifestyle.

Remote Support Monitoring and assistance from another location in place of physical staff presence; allows the participant to communicate on demand in real time with provider staff who can respond to their needs remotely.

Respite Providing temporary direct care and supervision for a participant because of the absence of—or need to relieve—unpaid caregivers who normally provide care for the participant.

Speech and Language Therapy Treating speech and/or language disorders, such as problems with producing sounds and difficulty understanding or putting words together to communicate ideas. (Service is eligible for self-direction)

Specialized Medical Equipment and Supplies Items that provide a direct medical benefit or remedy to a participant.

Vehicle Modification adaptations or alterations to a vehicle that is the participant's primary means of transportation. Vehicle modifications are specified by the person-centered service plan and are designed to accommodate the needs of the participant and enable the participant to integrate more fully into the community and to ensure the health, welfare and safety and integration by removing barriers to transportation.

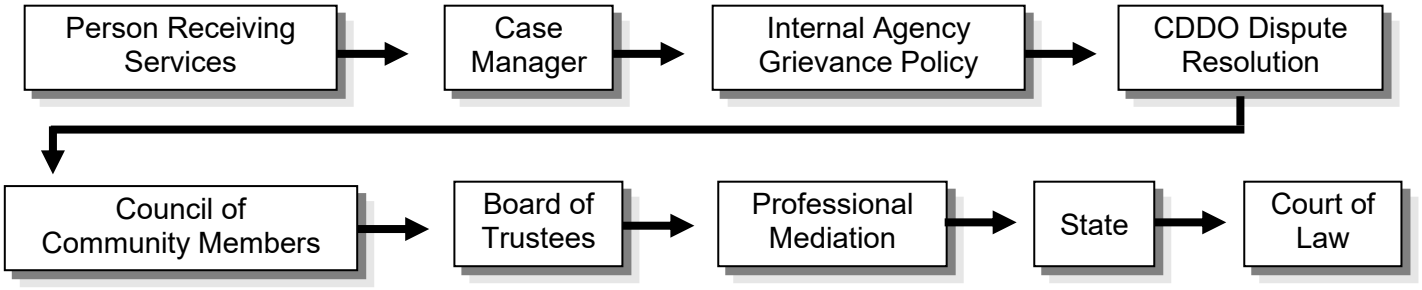
Choosing or Changing Service Providers

If you are choosing a provider for the first time or interested in changing any providers you can do so at any time. In order to begin this process, contact the Cottonwood CDDO at **(785) 840-1632**.

The CDDO will be able to provide you with information on how to select the appropriate service provider as well as the availability status of all service providers in the Douglas/Jefferson County area. The most up-to-date list of Service providers is available on our website at: www.cwcddo.org/index.php/service-options

Continuity & Portability:
If you move from one community in Kansas to another, your funding goes with you. Once you have started receiving services, you will continue to receive services as long as you still live in Kansas, you remain eligible for services, and the funding is available.

Dispute Resolution Process
You may contact the CDDO any time you have a concern about your services or follow the process outlined below.



Abuse, Neglect, or Exploitation

Report Online: http://www.dcf.ks.gov/Pages/Report-Abuse-or-Neglect.aspx

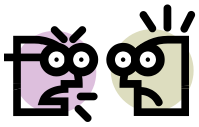
If you suspect a child is being abused or neglected, please telephone the **Kansas Protection Report Center at 1-800-922-5330**. Every call is taken seriously and every effort will be made to protect your identity. Telephone lines are staffed 24 hours a day. In the event of an emergency contact your local law enforcement or call 911. For more information go to:
http://www.dcf.ks.gov/services/PPS/Pages/ChildProtectiveServices.aspx

To report suspected abuse, neglect or exploitation of an adult in the community, please telephone the **Kansas Protection Report Center at 1-800-922-5330**. Every call is taken seriously. Telephone lines are staffed 24 hours a day. In the event of an emergency contact your local law enforcement or call 911. For more information go to: http://www.dcf.ks.gov/services/PPS/Pages/APS/AdultProtectiveServices.aspx

If you are a **mandatory reporter** and would like to report child or adult abuse or neglect electronically, please use the new Kansas Intake/Investigation Protection System:
http://www.dcf.ks.gov/services/PPS/Pages/KIPS/KIPSWebIntake.aspx When using the electronic report please make note of the first question at the top of the form indicating child or adult type.

Self-Advocacy: The Self Advocate Coalition of Kansas (SACK) is a statewide advocacy group made up of adults with intellectual and/or developmental disabilities, the majority of whom receive services through the Kansas Developmental Disabilities Service System. SACK encourages and teaches people to speak up for themselves and to obtain the highest possible level of independence. Information about SACK can be found on their website – www.sackonline.org

Consumer Rights



Others cannot hurt you physically or with words.

You have the right to Privacy, when you



You have the right to basic needs such as food, clothing, medical care, and a home.











You can have visitors, mail, & phone calls where you live. You have the right to visit with friends and family in public and in private.





You have the right to vote.











You have the right to choose and practice your religion or faith.

You have the right to manage your own money to the extent you are able, or you can receive help with it.





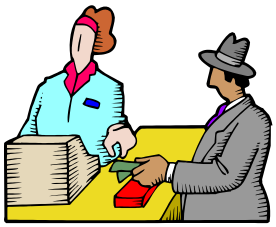




Medications that you take for behaviors are okayed by you, before you take them.

Also, work is your choice. And you must be paid for your work.

You have the right to Receive Buy & Use your own possessions.



You have the right to be treated with dignity and respect. Others should treat you fairly and the same as anyone else.





You should always be included in discussions and decisions regarding your life, including your Person-Centered Plan.

You have the right to see your records, file a complaint, or use the legal system.



STATE OF KANSAS

DEPARTMENT FOR AGING AND DISABILITY SERVICES
COMMUNITY SERVICES AND PROGRAMS COMMISSION
503 SOUTH KANSAS AVENUE
TOPEKA, KS 66603-3404

PHONE: (785) 296-3537
FAX: (785) 296-0256
kdads.wwwmail@.ks.gov
www.kdads.ks.gov

GOVERNOR JEFF COLYER, M.D.
TIMOTHY KECK, SECRETARY

Rights for Individuals with Intellectual/Developmental Disabilities (IDD)

The Community Developmental Disability Organization (CDDO) is responsible for carrying out the duties as described in Kansas law and regulation (K.S.A. 39-1801 et seq. and K.A.R. 30-63-1 and 30-64-01 et seq. and for purposes of CDDO compliance with K.A.R. 30-64-22(e)(2).

As an individual who is receiving services from the State of Kansas IDD Waiver or has been placed on the IDD Waiver waitlist, my core rights in connection with the CDDO are as follows:

1. The right to have help getting the community services of my choice once I have been determined eligible for the HCBS IDD Waiver by KDADS based on my disability and finances.

2. The right to choose which targeted case management services I'd like to receive, from a provider affiliated with my CDDO.

3. The right to choose whether or not I'd like to have a targeted case manager if I am currently on the IDD waiver waitlist.

4. The right to receive services without discrimination as to the severity of my disability. If I currently pose a clear and present danger to myself or the community, the Secretary of KDADS may decide that I am inappropriate for community services.

5. The right to receive services for which I have been determined eligible from my choice of community service provider. Once I have been found eligible and funds are available, I should receive the service I have chosen, or it should be reported to the Secretary of KDADS that I am waiting for that service.

6. The right to continue to receive services for which I am eligible as long as state or federal funding support continues. I also have the right to transfer that level of state and federal financial support if I move from one service area to another within the state of Kansas.

7. The right to take advantage of the CDDO dispute resolution process, including internal and external appeal procedures to settle any disagreement with the CDDO, any affiliate, or any other component of the community service system.

8. The right to receive information regarding the CDDO local Quality Assurance Committee and Council of Community Members.

9. The right to receive information about self-advocacy groups.

10. The right to receive services provided in a way that is based on my Person-Centered Support Plan (PCSP) and listed in my Person-Centered Service Plan (PCSP). My services must offer me opportunities for choice and ensure that all of my rights are respected and protected, including those listed in K.A.R. 30-63-22.

As an individual who resides in an Intermediate Care Facility which services Individuals with Intellectual Disabilities (ICF/IID), my core rights in connection with the CDDO according to Kansas law and regulations (K.A.R. 30-64-22 and 30-64-29) include the following:

1. The right to have equal access to services if I am referred to the CDDO for possible services.

2. The right for myself or my guardian (if one has been appointed) to receive information at least once a year offered in a way that is easy to understand, including:

   a) The types of community services available in my area and information about the providers of those services; and

   b) My rights as described in the Developmental Disabilities Reform Act and implementing Regulations. The commission will approve the content of this information.

3. The right for myself, my family, and my guardian (if one has been appointed) to receive information on services or supports that are currently available or could be made available within 90 days in or near my home county once eligibility has been achieved.

4. The right to have the CDDO offer to provide or arrange to provide these services and supports when it's time to do so.

The above-mentioned rights have been approved by the commission May 8, 2018.



Amy Penrod, Commissioner
Kansas Department for Aging and Disability Services
Community Services and Programs Commission

Do you know about Open Enrollment as a KanCare member?

You will receive your open enrollment packet 30 days before your one-year anniversary in KanCare. If you were added to someone's existing KanCare case, you will be up for open enrollment the same time as your family's case. After you receive your open enrollment packet, you will have until 60 days past your KanCare anniversary date to make changes to your KanCare health plan.

Open enrollment means you can change your plan if you want to be covered by a different plan, or you can keep your same health plan. If you are happy with your current health plan, you do not need to do anything at all. Again, if you do not want to change health plans, you will automatically be re-enrolled in your same plan. But if you want to change your health plan, you will need to let us know by following the instructions in the packet mailed to you on the anniversary date of when you joined KanCare.

All members will have 60 days to review their open enrollment packet and decide whether or not they want to stay in their plan or change to a different plan.

There are 3 plans to choose from

Healthy Blue	sunflower health plan	UnitedHealthcare
1-844-499-3304	**877-644-4623** **TTY: 888-282-6428**	**877-542-9238** **TTY: #771**

There are 3 ways to choose your plan

1. **Enroll online at: https://www.kmap-state-ks.us/hcp/member**
2. **Call the Enrollment Center at 1-866-305-5147 (TDD/TTY 1-800-766-3777)**
3. **Mail the KanCare Enrollment Form that you receive in your packet.**

Things to Know

- Make a list of your providers. These are your doctors, hospital, pharmacy, in home service providers, and any other providers you see. Check to make sure the providers you use for all services are signed up with the plan you choose.
- You **must have active eligibility** to stay enrolled with the plan each month.
- You will be able to change your plan one time each year. You will be told when you can make a change.

To change plans call: 1-866-305-5147

Para cambiar planes llame: 1-866-305-5147