## What is ADRC?

The ADRC is a trusted source of information where people of all ages, abilities and income levels—and their caregivers—can go to obtain assistance in planning for their future long-term service and support needs.

Effective November 1, the Aging and Disability Resource Center (ADRC) is now available to provide Kansans with information and referrals. ADRC staff members can also put residents in contact with local Options Counselors.

The ADRC is designed to empower older adults and persons with disabilities to make informed choices about their services and supports. This will streamline access to those services and ensure their individual needs will be met. The ADRC can refer individuals to an array of in-home, community-based and institutional services, as well as provide decision-making support through a service called Options Counseling.





Aging and Disability Resource Centers



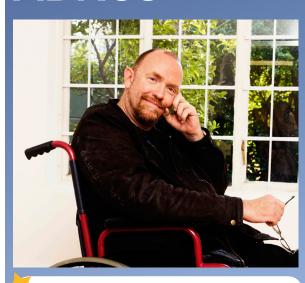








## AAAs to function as ADRCs



The Kansas Department for Aging and Disability Services signed a contract with the Southwest Kansas Area Agency on Aging, which provides sub-grants to the state's 10 other AAA's to function as Aging and Disability Resource Centers.

"In establishing this statewide network of ADRCs, we are creating a personcentered, community-based environment that promotes independence and dignity for individuals," said KDADS Secretary, Shawn Sullivan.

## **Agencies Map**



## **AAA Locations**

- 1 Wyadontte-Leavenworth
- 2 Central Plains
- 3 Northwest Kansas
- 4 Jayhawk
- 5 Southeast
- 6 Southwest

- 7 East Central
- 8 North Central/Flint Hills
- 9 Northeast Kansas
- 10 South Central Kansas
- 11 Johnson County